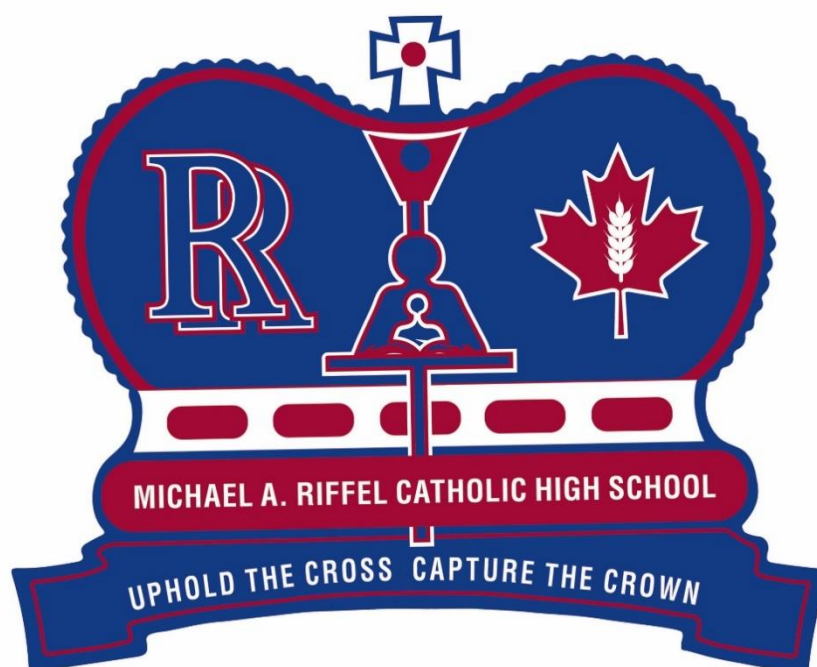


# **MICHAEL A. RIFFEL CATHOLIC HIGH SCHOOL**

## **PROGRAM OF STUDIES**

### **GRADE 9**



## School Mission Statement

Michael A. Riffel Catholic High School is a Catholic, student-centered school which focuses on developing respectful, responsible and knowledgeable citizens firmly grounded in the values of our Christian Faith. Our school aligns with the vision, mission, values and commitments of the Regina Catholic School Division.



## What Does a Grade Nine Student Need to Know?

You'll find your concerns about Grade 9 will disappear after the first day or two in classes. We operate a bit differently than your Grade 8 system, but the adjustment will be **much** easier than you think.

Our greatest concern is that you get involved. We want you to feel at home at Riffel, and we will help to make that happen.

### Catholic Education

- † Catholic schools are unique; they foster the religious and spiritual life of students. For this reason, students and teachers participate in prayer throughout the day, scheduled liturgies, masses and retreats. We respect the right of others to worship in a prayerful environment.
- † As members of a Catholic school, we are called on to be a community that strives toward Christ-like values including respect, care, and concern for others.

### Highlights

The academic year is divided into semesters. The first semester operates from September to January while the second semester operates from February to June. Each spring, students register for a full year of classes for the following academic year. These classes are timetabled, as equally as possible, into the two semesters. Each semester ends with a final assessment in all subjects. The format of the assessment will vary depending on the subject. Final marks are issued at the end of each semester for all classes taken during that semester.

Classes run every day from 8:45 am to 3:20 pm. Students get a short break in the morning and fifty-four minutes for lunch. Students may decide to eat lunch at school. If so, they bring their own lunch or buy lunch from the canteen at reasonable prices. The large Commons Area has plenty of seating.

Each semester consists of five classes of sixty-four minutes in length. Students have the same five classes each day in a semester. In addition, students may also take Band, Choral, Instrumental Jazz or Vocal Jazz. Band, Choral, Instrumental Jazz, and Vocal Jazz are scheduled on various days during early bird and/or the noon hour.

The canteen is located on the main floor. The goal of the canteen is to provide an assortment of nutritious drinks, snacks, and lunches for our students. The canteen operates before school, at break, and at lunch. Healthy hot lunch options are available several times a week!

The "Royal Mart" is located in the first floor main hallway. All school and spirit wear (t-shirts, sweat suits, shorts, caps, etc.) can be purchased at the store, or through *schoolcash*. Spirit wear is an important feature for students as students are encouraged to dress in spirit wear and to participate in the variety of SRC organized activities that occur throughout the year. We have a variety of options from brands like Nike, Under Armour, and Adidas.

The main office hours are 7:00 a.m. – 4:00 p.m. (Monday through Friday). Please coordinate transportation arrangements in accordance with our school day hours.

# **Our Supportive Royal Community**

## **LAY CHAPLAIN**

The Lay Chaplain serves as a resource person for the faith-life of the school community. The chaplain is available as a resource to students who require support in their spiritual lives. This includes working personally with students as well as coordinating morning prayers, Eucharistic celebrations, scripture services, and student retreats. The chaplain is prepared to make referrals to professional caregivers, when appropriate.

## **STUDENT SERVICES AND COUNSELLING**

Student Services personnel are available to assist and counsel students regarding academic, social, vocational and personal challenges. Student Services offers support to assist students in the following: developing an educational plan for post-secondary or career choices; maintaining a positive self-concept; improving organizational, and decision-making and problem-solving skills. Student Services directs parents and students for referrals to outside agencies when requests are made.

## **LEARNING RESOURCE PROGRAM (LRP)**

Our LRP assists students who require academic support and remediation. The daily, scheduled LRP tutorials provide students with an opportunity to focus on academics, organizational skills and study skills. Our Learning Resource Teachers work with students based on their unique academic needs and will coordinate support with classroom teachers.

## **ENGLISH AS AN ADDITIONAL LANGUAGE PROGRAM (EAL)**

The EAL program supports students for whom English is an additional language in developing their reading, writing and speaking skills. Students requiring EAL support may be scheduled in an EAL class.

## **KNOWLEDGE KEEPER**

Our school is also blessed to have a resident Knowledge Keeper. This individual provides our school community with support to understand Indigenous Ways of Knowing and Being. They are integral to support our journey in acknowledging truth and walking alongside us and toward reconciliation.

## **INDIGENOUS ADVISOR**

We are blessed to have an Indigenous Student Advisor in our building. Our Advisor works closely with our personnel from Student Services and are a key member of our Student Support Team. They focus on the following: *Relationship Building and Student and Family Mentoring; Transitions into and out of High School; Cultural Engagement; Academics/Career Planning/Guidance Support; and Parental and Community Engagement.*

## **NUTRITION WORKER**

Our Nutrition Worker oversees all aspects of before school, break, and lunch programming. We have nutritional snacks available each morning and at break, and our school population also has access to daily hot and/or cold nutritional lunch options. Menus are planned for each month of year and these provide upcoming snack and meal options.

**STUDENT MENTOR**

The Student Mentor is a school support in which a designated teacher (the Student Mentor) meets with students to strengthen areas of need. These areas of need may include the following: organizational skills, transition to high school, school attendance, and academic performance. If areas of concern are identified, the Student Mentor helps the student create an action plan to address these items and then follows-up with the student to support the journey toward success.

**FAMILY SUPPORT COORDINATOR**

Our Family Support Coordinator works collegially with teachers and administrators to provide school-level student support when involved with the family of the student. They also assist families with dynamics that lead to improved attendance, school adjustment and socialization, and engagement in school. They also engage in home visits with families, assist families in connecting with external agencies and programs, including family programming offered in the community, and build partnerships and work with community agencies to respond to student/family needs.

**DRUG, ALCOHOL, AND MENTAL WELLNESS EDUCATOR**

Our Drug, Alcohol, and Mental Wellness Educator is an Internationally Certified Prevention Specialist and a Canadian Certified Addiction Counsellor. Recovery is an ongoing process of replacing old patterns with new patterns. As well as tips, techniques and methods of helping people in any stage of recovery continue to enhance their recovery path.

**SCHOOL RESOURCE OFFICER (SRO)**

The SRO is available to assist staff and students with police matters. Please contact our main office (306-791-7260) to arrange an appointment time with our school resource officer.

# Technology at Riffel

*Technology is evident in our school as we train students for the future.*

- All of our computers are connected to a system wide-area network which gives students access to a large number of software applications.
- Riffel has one computer lab and one MAC lab with Internet access. They are used for computer science, communications media, and photography classes as well as for activities in all other classes as opportunities arise.
- Regina Catholic Schools has provided each staff member and each student with a Microsoft Office 365 account. This “cloud-based” environment will allow all students to access their school documents anywhere, anytime, and from any device. Office 365 also provides all students with automatic access to important Microsoft Office programs such as Word, Powerpoint, Excel, Lync, and Outlook (email and calendar options). The web-based site can be accessed by connecting to <https://login.microsoftonline.com>. Each student then utilizes their RCS email account ([legalfirstname.lastname@rcsd.ca](mailto:legalfirstname.lastname@rcsd.ca)) and their established school password.
- The Resource Centre has many computers for student use, and is open before school, during the noon hour and after school.
- With a signed Acceptable User Policy Form, students are trained to use the Internet, and are instructed on how to use research tools widely used in post-secondary institutions.
- Students also have opportunities to use digital cameras, scanners, and video cameras for their class projects.
- Presently, all students and parents/guardians have access to a program called MSS (<https://mss.rcsd.ca>). This web-based program can be accessed from any computer and it allows an individual to track on a daily basis (24/7) attendance, upcoming assignments/exams, current grades, and other pertinent information. Students access the program by using their standard username and password. Parents/guardians will receive a one time login username and password when their child is enrolled at Riffel.
- Each of our RCS schools support Bring Your Own Technology (BYOT). This initiative allows students to utilize their own portable electronic wireless equipment in a variety of ways (and always with appropriate teacher permission) through access to a division wireless network (RCSdstudent). Such wireless access will require students to agree to a Personal Electronic Technology Student Agreement before logging on to the RCS wireless network and, of course, to always utilize any technology according to sound digital citizenship guidelines. In order to access the RCS wireless network, each student needs to utilize their RCS email account ([legalfirstname.lastname@rcsd.ca](mailto:legalfirstname.lastname@rcsd.ca)) and their established school password.

# What Classes Do I Take?

Name of Class	Number of class periods
English Language Arts 9 (A & B) ➤ Regular ➤ Learning Resource ➤ Pre-Advanced Placement	One class <b>each</b> semester
Math 9 (A & B) ➤ Regular ➤ Learning Resource ➤ Pre-Advanced Placement	One class <b>each</b> semester
Social Studies 9	One period in one semester
Science 9	One period in one semester
Catholic Studies 9	One period in one semester
Arts Education 9	One period in one semester
Health/Physical Education 9	One period in one semester
One elective: PAA9 <b>or</b> French 9	One period in one semester
<b>Total: 10 classes</b>	<b>Total: 10 periods</b>

## Additional Courses (offered during before school or at noon):

Choral 9  
Band 9  
Vocal Jazz 9  
Instrumental Jazz 9

## Sample Schedule:

You will get five classes in semester one and five in semester two. An example of a possible schedule is as follows:

### Semester One

ELA A9 or B9  
Social Studies 9  
Arts Education 9  
Math A9  
Elective class (PAA 9 or French)

### Semester Two

ELA A9 or B9  
Catholic Studies 9  
Science 9  
Math B9  
Health/Physical Education 9

# EXTRA-CURRICULAR ACTIVITIES

We provide opportunities for students to try out for a variety of athletic teams or to be involved in a number of different clubs throughout the school year. Some teams compete at junior (Grades 9 & 10) and senior (Grades 11 & 12) levels. Those successful in making the team represent the school in league and tournament play. Participants are expected to be involved fully in the practice and game schedules, and/or to attend all meetings involved with a particular sport/club activity. We also offer a large number of clubs and groups for students to be involved with. They are listed below.

## RHSAA SPORTS

Badminton

Basketball

Cross Country

Curling

Football

Golf

Hockey

Hip Hop

Dance

Soccer

Track & Field

Volleyball

## CLUBS / GROUPS

Art Club

Best Buddies

Book Club

Canteen

Colour Wheel

Cooking Club

Debate

Drama

Hip Hop

Improv

Honour Choir

Royals in Action

Liturgical – God Squad

Minor officials - scorekeepers

One Acts

Pom

Peer Tutoring

Praise and Worship

RoyalMart

SADD

SRC

Team Manager/Athletic Trainer

“That’s Possible” Theatre

Yearbook



# COMPULSORY SUBJECT DESCRIPTIONS

## Arts Education 9

Divided into three sections, the class includes:

Art Explores the fundamentals of art and art appreciation. Class projects are directed toward developing the students' shift toward right-mode thinking. Students work on 2-dimensional pieces, primarily in pencil.

Music Focused on an introduction to the basics of sound and the elements of music, students study basic theory, guided listening, and basic composition technology. The course culminates with a guitar-playing unit.

Drama Introduces the basic elements of drama. Students learn skills in the areas of improvisation, speech and rudimentary acting. Imagination and the development of self-esteem and confidence are emphasized.

## Catholic Studies 9

*Journeying in Faith with Community*- The aim of Catholic Studies is for students to understand, value, and engage in their faith so that they may hear an invitation, or deepen their commitment, to live as followers of Jesus Christ. Throughout all grades, students investigate, apply and reflect on various aspects of these actions which call upon the Church to: proclaim Jesus Christ, worship Christ through the sacraments, form a communion of people, give witness, and serve. The Catholic Studies 9 curriculum focuses in part on the importance of community in supporting and deepening one's faith. Students examine how the Catholic Church helps guide us in our ongoing faith journey.

## English Language Arts 9 (2 semesters)

English Language Arts is taken in both semesters. It provides students with the opportunity to study literature and develop listening, speaking, reading, and writing skills with emphasis on the following four themes: A9: *All That I Am – Search for Self; Conflicts and Decisions – Do the Right Thing; Norse and Indigenous Narratives*; B9: *Imagining the Future – Exploring New Worlds; Surviving and Conquering; Exploring Love and Loyalty; and Our Shared Linguistic Roots*. Literature is combined with specially designed tasks to allow students to use language as a means of discovery, communication, and learning.

## English Language Arts 9 Advanced (2 semesters)

This course has the same curriculum as the non-Advanced course, but is geared towards students who have a keen interest in English Language Arts and would like an additional challenge. Students should be perceptive, analytic readers and strong, confident writers. Advanced courses are intended to provide extra rigor and prepare students who are considering taking the grade twelve AP English Literature & Composition course.

## **English Language Arts Learning Resource 9 (2 semesters)**

This course follows the regular English Language Arts 9 curriculum but allows for more time for adaptations to in-class instruction, skill and concept development, and varied assessment. Students can request this option after discussion with their Grade 8 teachers and must indicate this choice on the subject selection sheet.

## **Health/Physical Education 9**

The health program provides students with knowledge in a variety of area so they may make informed decisions. Topics covered include decision making, sexual health, chronic illness, addictions, healthy eating, tragic death and suicide. The physical education program promotes lifelong participation through engagement in health and skill related components of fitness, complex skills, games and strategies, and body management. Students will participate in a variety of co-operative activities outdoors, in the gymnasium and in the weight room.

## **Mathematics 9 (2 semesters)**

Mathematics 9 is a full year course so it is taken over both semesters. It is the final course of the middle years math curriculum that continues to build and refine the skills learned in previous grade levels and sets the foundation for future math courses.

## **Mathematics 9 Advanced (2 semesters)**

Advanced Mathematics 9 is a full year course so it is taken over both semesters. This course has the same curriculum as the regular Math 9 course plus additional material and is geared towards students who have a keen interest in mathematics and would like an additional challenge. Advanced courses are intended to provide extra rigor and homework to prepare students who are considering taking AP Calculus.

## **Mathematics 9 Learning Resource (2 semesters)**

Mathematics 9 Learning Resource is a full year course so it is taken over both semesters. This course has the same curriculum as the regular Math 9 course, but is geared towards students who may require more help with math concepts as well as skills such as organization and effective homework and study strategies.

## **Science 9**

Science is a required area of study in Saskatchewan's Core Curriculum. This class consists of four units. In the area of Physical science, there is a unit on *Electricity* and another on *Atoms and Elements*. In the area of Life science, there is a unit on *Cellular and Human Reproduction*. Finally, in the area of Earth and space science, there is a unit entitled *Exploring Our Universe*.

## **Social Studies 9**

Major units of study in the course are *Time, Change, Causality, and Culture*. This course fosters understanding of the origins of customs and beliefs existing within Canadian society, how these customs and beliefs have become engrained within cultures, and how customs and beliefs influence our behavioral patterns. This course examines cultural "roots" from the ancient Middle East and Europe, as well as from North America.

## **ELECTIVE SUBJECTS: SELECT ONE**

### **PAA Survey 9 Design/Applied Technology (Industrial Arts – Work Preparation and Food Studies)**

These programs are NOT prerequisites for PAA B10 Industrial Arts or Foods 10 classes, but do provide an excellent knowledge base and skillset to ensure greater success in these courses. This course allows Grade 9 students to spend half of a semester in the Industrial Arts Shop and the other half in our Foods Lab, but not necessarily in that order. The Industrial Arts portion provides students with the knowledge and skills for general hand and power tools used in both the trades and everyday life. Students learn about Woodworking, Sheet Metal and Design trades, and they will create a display shelf, tote tray and a CO2 dragster racecar. Students then wrap up their Industrial Arts section with a Drafting short course using our Industry-leading AutoCAD Design software.

At the midterm point of the semester, the students will transfer to our foods lab to take Work Preparation and Food Studies. The Foods portion of the course will begin with a study of Saskatchewan's Employment Standards and Occupational Health and Safety. When the Work Preparation portion is complete, the students will begin the Food studies portion of this course. In this section, the students will learn about basic kitchen equipment, food safety, kitchen safety and sanitation, basic baking skills, knife skills and Nutrition. Each topic is taught through a variety of recipes giving the students an opportunity to practice the skills they have learned in class.

### **French 9**

The French 9 program is based on the communicative/experimental approach to learning, whereby the students will be exposed to as many real situations as possible. A variety of activities will be used to encourage spoken, auditory and written skills. This is a prerequisite for French 10.

## **EARLY BIRD AND/OR NOON CLASSES (BOTH-SEMESTERS)**

All students may enroll in Choral and/or Band and/or Vocal Jazz (after auditioning), and/or Instrumental Jazz (after auditioning), in addition to the subjects they are taking.

### **Choral 9**

A place for everyone, this class combines friendship and teamwork with singing and performance. Students learn singing technique and basic music theory. During the year, they participate in numerous events such as the Christmas concert and music festivals. Spanning the entire school year, the class is a popular subject choice for many students.

### **Band 9**

Band is an instrumental music class which continues building on the skills learned in the elementary band program. Students participate in full band rehearsals and small group lessons, as well as having the opportunity for solo or small ensemble projects. Through practice and performance, students will learn: different styles of music and musical concepts, music theory, and increased technical skills on their chosen instrument. The band is involved in multiple activities and performances during the year - including public concerts, festivals, school activities, retreats, and tours.

### **Instrumental Jazz 9**

Instrumental Jazz consists of auditioned ensembles that rehearse once per week. It is an extension of the Band program and therefore students must be registered in Band as well. The class focusses on jazz repertoire, improvisation, and jazz pedagogy. Students are expected to practice the repertoire on their own between rehearsals.

### **Vocal Jazz 9**

Vocal Jazz is an extension of the choral program; therefore, enrolment in choral is also required. The class focuses on jazz repertoire including swing, ballad, Latin, and blues. Students examine the techniques used by various musicians who have made outstanding contributions to jazz, and apply these techniques to their own vocal jazz training. They also work in small groups for a Coffeehouse performance.